

VISION WHOLISTIC

Mentorship Program for Personal Mastery

(A Spiritual Intelligence Based Coaching Program)

Welcome to the *Mentorship Program for Personal Mastery*.

When we feel powerless to change our circumstances, negative emotions tend to rule our lives. I want you to know that you can garner the power to change that and gain mastery over your response to life. It is possible. Through this program you have an opportunity to rediscover the spiritual power that lies dormant in the reality of who you are.

The Philosophy Underlying the Program

This program is built on the universal principles governing Energy. We are pure Energy constantly vibrating. Every choice we make -- be it thought, word or action -- either increases the flow of this Energy or depletes it. It either raises our vibration or lowers it. We also create a spiraling effect because we attract to ourselves more of the vibrations we run -- positive or negative. This is the Law of Attraction.

Thoughts and feelings create subtle energy vibrations. This is what we focus on in this program. Since most thoughts are spontaneous, we often unconsciously create vibrations that are contrary to our desires. When we learn where those thoughts are rooted, **we can make conscious choices to bring ourselves back into alignment with higher vibrations**. It empowers us and can greatly transform the quality of our lives.

How Does This Program Work?

This program is offered in three parts. Each part comprises four individual sessions (in person or online). Sessions are custom designed to suit your unique situation, your intention and involves energy healing, discussions, readings, assignments and follow up.

Sessions are typically two weeks apart (unless you wish to go for the weekly fast track). Each part takes roughly two months and must be taken sequentially. You may take a break between each part if you wish.

One unique and very valuable feature of this program is that I (Malabika) support you with continual remote Energy clearing work and holds space for you throughout the duration of the program while you are in it.

Part One: Cleansing and Clearing old patterns

- Supports clients in identifying old negative patterns both at the conscious and subconscious levels that are blocks to personal well-being.
- Teaches the principles of the universal laws of energy and higher consciousness.
- Introduces the practice of energy techniques to remove blocks.

Part Two: Consolidating

- Establishes new patterns of thought and behavior in reclaiming personal power.
- Introduces spiritual laws of authentic power.
- Supports in consolidating new behavior through rigorous self assessments.

Part Three: Conscious Creation

- Introduces the principles of fifth and sixth dimensional reality and the Law of Conscious Creation.
- Supports in envisioning and fine tuning desired outcome.
- Teaches techniques of holding energetic space for manifesting.

The fee for each part is \$500.

Confidentiality

This program is completely confidential and what we talk about remains between you and me. I will however, seek your permission to refer to you as a client who is or has been in the program.

Fees, Payment Method, Discontinuation and Refund Policy

The fee for each part of this program is \$500 at the rate of \$125 per session.

Payments are received in advance for every set of four sessions. The first payment is due at the time of signing up. Payments may be made by check in favor of Vision Wholistic. Credit card payments are accepted via Paypal on Vision Wholistic website or to Malabika@VisionWholistic.net.

If for some reason you wish to discontinue the program mid-course, a discontinuation fee of \$125 will be applicable. If I should decide to discontinue, I will return you the fee you paid in full.

Free Phone Consultation

Please call me (or Skype me) for a free 20 minute consultation to assess the benefit of this program for you. Ask for more details that may help you decide. My number is 1-617-795-7060.

Sign up

To sign up for the Mentorship Program, please return to me the attached '[Client Information and Agreement Form](#)' duly filled and pay your first installment via Paypal on my website. Or you may mail a check to **Malabika Shaw, 8 Hay Road, Newton MA 02459, USA.**

Participants' feedback on the Mentorship Program:

- Malabika both possesses and can draw on a deep understanding and intuitive knowledge of human psychology. I found her counseling and guidance very helpful as I worked through a difficult period in my life. Steve S., Engineering Consultant
- A sense of peace has come over me that is very comforting. Bev T, Retired Educator
- The biggest benefit was the knowledge I gained about my belief systems that go back generations. Understanding the basis to my blocked behavior patterns was so enlightening. Carol S. Social Worker
- I liked the freedom and that we went where we were guided to. Steve C., Athlete
- Your help has been worth many years of therapy! Carol B., Corporate Executive
- My perspective in life is incredibly different, in a very good way. I'm happy, relaxed and able to deal with and balance the pressures of work and life. Rolando C, Senior Executive
- It was indeed such an unexpected healing and elevating experience. I feel indebted for life. Ashwani K, Business Entrepreneur
- Everything I have done with you has become a treasured part of my life. Phyllis C. Dancer

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Client Information and Agreement Form

Name: _____

Address: _____

Phone: _____

Email: _____

What is your goal for joining this program?

How would you describe your life at present?

Is there something else you wish to share with me?

May I refer to you as my client?Yes _____ No _____

Agreement: I have read the terms of the Mentorship Program for Personal Mastery offered by Malabika Shaw and agree to participate.

Signature and Date